



GAMEPLAY DETAILS

HIGH SCHOOL (October 19)

2020 | 2021 | 2022 | 2023

- 22-minute halves | Running Central Clock | 2 Min half
- Round Robin format
- Guaranteed 3 games
- Certified referees

YOUTH (October 20)

2024 | 2025 | 2026

- 22-minute halves | Running Central Clock | 2 Min half
- Guaranteed 3 games
- Certified referees
- Round Robin Format
- Mixed teams accepted*

7V7 YOUTH (October 20)

2027 | 2028 | 2029

- Two 14-minute halves with a two-minute halftime (running clock)
- Clock will be kept by field coordinator (separate from central horn)
- 5 v 5 in the settled attacking end with 2 players behind the restraining line
- Draw after each goal
- Roster size of up to 12 players
- Three-game guarantee
- Shortened USL formatted 7v7 field
- One pass required before attempting to attack the cage
- Players are allowed to kick the ball

See Tournament Rules for more detailed and age-appropriate rules.