

Philadelphia Indoor Lacrosse Championships (PILC) COVID-19 Safety Plan

Vulnerable Populations

There are certain segments of the population who are at an increased risk of severe illness from COVID-19 including individuals who are 65 years of age or older, those with cancer, chronic kidney disease, lung disease, immunosuppression, obesity, heart disease, sickle cell disease, and diabetes. If you or a member of your household fall within one of these groups, you should consider not attending this event.

If You are Sick

If you are sick or have had close contact with an individual with confirmed COVID-19 in the past 14 days, stay at home, contact your primary care provider, and follow [CDC's Public Health Guidance for Community Related Exposure](#).

Attendees of the event should self-report to NXT if they are diagnosed with COVID-19 in the days following our event. If NXT becomes aware of a case that could have been transmitted to any of our participants, we will send a notification to the involved parties with the necessary information.

Symptom Screening

All coaches must complete a self-screening and then screen their players for COVID-19 symptoms prior to participating in any games. Coaches may use their own screening form, an electronic screening form, or [this one](#). If any players are exhibiting any symptoms of COVID-19 or have been around anyone with COVID-19 in the past 14 days, they should not be permitted to play and should be sent home.

Masks / Face Coverings

All coaches, staff, and officials must wear masks at all times while inside the facility. Athletes must wear masks as well, but may remove them while actively playing in a game if it obstructs their ability to breathe. Athletes are strongly encouraged to wear masks while they play if they are able to tolerate it, but it is understood that wearing a mouthguard and helmet can make it extremely difficult. If an athlete chooses to remove their mask while playing, they must put it back on immediately following their game.

Spectators / Streaming

In order to comply with state occupancy restrictions, parents / spectators are not permitted into the facility. However, there will be a livestream of all games available through the links below. If an injury occurs during the course of the event, the injured player's parents can be brought into the building if the situation warrants.

Saturday, February 13:

Rink 1: <https://youtu.be/VfH3-aSvW0A>

Rink 2: <https://youtu.be/lkhHEZX4uNE>

Sunday, February 14:

Rink 1: <https://youtu.be/RpdvFdGdwvA>

Rink 2: <https://youtu.be/o3fdwrNzUf8>

Between Games

When teams are off, they will rest on the basketball courts in the rear of the facility. The courts will be divided into 12 zones marked with signage. Each team should claim one zone and remain in their designated zone for the duration of their break. Teams should avoid interacting with other teams and should remain only within their space. Players should do their best to maintain social distancing within their zones.

Physical Distancing

To the extent possible, players and coaches should attempt to maintain physical distancing at all times, particularly in between games. Players should refrain from handshakes, high fives, chest bumps, or group celebrations. There will be no post-game handshake lines; instead, teams can line up ten yards across from one another and give a sportsmanship salute.

Water Availability

Communal water will not be made available to the players, so it is recommended that players bring extra drinks and plenty of them.

It is important to remember that creating and maintaining a safe environment requires cooperation from everyone. Please do your part to help make our event as safe as possible. If you need to contact NXT with any COVID-19 related concerns, feel free to reach out to Director of Participant Health and Safety Ian McGinnis (ian.mcginnis@nxtsports.com).