

# NXT LACROSSE | GIRLS

## CLUB PROFILE

- Founded in 2015
- 18 teams from 3rd - 12th grade
- 40+ high schools represented
- Year-round training
- 10 current & former college coaches
- College commitments to Syracuse, Virginia, Princeton, Harvard, Florida, etc.

## NIKE PARTNERSHIP

NXT has entered a five-year partnership with global sports leader Nike. NXT will be among the first club teams to be head-to-toe in Nike. The uniforms and practice gear packs are included in the price of tuition along with the option to purchase additional gear items at discounted prices.

## OUR PHILOSOPHY

Our club model is to develop and challenge elite players who are committed to playing lacrosse year-round. While we are heavily focused on developing the elite lacrosse player, we also encourage the multi-sport athlete. Expert coaches, cutting edge curriculum, elite competition and professionalism, are infused into all NXT Lacrosse club teams.

## FULL TIME STAFF

**KATE HENWOOD** | Executive Vice President of NXT Girls Lacrosse  
kate.henwood@nxtsports.com

Former DI Head Coach, UC Davis • Former DI Assistant Coach, Villanova • Former DI, All Conference Player • La Salle University • Earned 2 PIAA State Championships as Head Coach, Garnet Valley HS

**CANDACE TAGLIANETTI BOSSELL** | Vice President of NXT LC & Education  
candace@nxtsports.com

Former DI Head Coach • La Salle University, Winningest Coach in program History • 2X Atlantic Ten Coach of the Year • Philly Lacrosse Coach of the Year • Mid-Atlantic Region Coach of the Year Nominee • Former 2-Sport Athlete, Ohio State University

**JESSI LIEB MARTIN** | Girls Lacrosse Coordinator  
jessi.martin@nxtsports.com

Former US National Team Member • IWFLCA All American, Penn State • 3X Tewaaraton Pre-Season Watch List • Former DI Assistant Coach, La Salle

**LAURIE TORTORELLI DELUCA** | Director of NXT LC & Education  
laurie.deluca@nxtsports.com

Former DI Assistant Coach, Cornell & Duke • IWFLCA All American, University of Delaware • 3X IWFLCA All Region • 2nd All Time in Career Saves, Save %, Minutes Played

**CHELSEA ROSIEK** | Director of Girls Lacrosse Events  
chelsea.rosiek@nxtsports.com

Former DI Head Coach, St. Bonaventure • Assistant Coach, Robert Morris University

## GOALIE COACHING STAFF

**LAURIE DELUCA** | Lead Goalie Trainer

Former DI Goalie, University of Delaware, Former DI Assistant Coach • Cornell, Duke

**MELINA AVERY** | Lead Goalie Trainer

Former DI Goalie, Syracuse University • Owen J Roberts Assistant Coach

**GABBY CURRY** | Lead Goalie Trainer

Former DI Goalie, Neumann University • Neumann University Assistant Coach

**MARA SCHNELLENBACH** | Guest Goalie Trainer

Former DI Goalie, La Salle University • Ridley Assistant Coach

**KYLIE FLETT** | Guest Goalie Trainer

Former DI Assistant Coach, La Salle University • Team Australia • U19 Team Australia Medal Winner

**STEPH ELLIS** | Guest Goalie Trainer

Former DI Goalie, Penn State University

## COLLEGE GUIDANCE PROGRAM

Alongside Candace Bossell, our recruiting coordinator, there are four former DI Coaches on our staff, along with 1 current D3 recruiting liaison, **Jenn Willis**. We utilize our extensive experience to provide all of our recruiting in-house. Our high school players get access to IWFLCARecruits, so we can support every player's unique journey throughout their recruiting process.

## YEAR-ROUND TRAINING

In the fall & summer, we practice 1-2 days weekly with 3-5 tournaments on the weekends. In the winter we provide indoor training in addition to optional supplemental skill sessions. In the spring we offer training in conjunction with a

## TUITION

### POLICY + PAYMENT PLANS

NXT provides unprecedented value in exchange for your commitment.

### 2022-2023 TUITION PAYMENT OPTIONS

(Payments are processed online via credit card)

**OPTION 1:** Pay in Full

**OPTION 2:** Pay 6 installments with 25% tuition deposit starting on invitation date \*N/A for Phila Stars

## ACCESS TO ELITE EVENTS AND FACILITIES

NXT LC is part of the 3 Step ecosystem which provides access to Robinson Sports, NXT and 3D events, NGLL leagues and National Training Academies. As a NXT LC member, you will receive discounts to our renowned fundamental and elite training programs and camps throughout the year. Our club operates out of The Proving Grounds, a state of the art synthetic turf complex.

## SAFETY IS PARAMOUNT

NXT employs a full-time Director of Health and Participant Safety and we have an athletic trainer on the sidelines for every practice to ensure player safety. All coaches are background checked, PA Act 153 compliant, and are CPR/First Aid Certified

## PARTNERSHIPS

NXT's partnerships continue to grow at a rapid rate. Partners like Next Level Video, give our players access to high-quality video packages and industry-leading highlight reels at discounted prices with many of the benefits already incorporated into the high school tuition. All players have access to IM Health, a premiere strength, conditioning and agility program with discounted drop in rates, GreenePsych Health for sport psych and other mental health care needs and Chop Care network for priority scheduling after injuries.

## MARKETING SUPPORT

We take pride in following and promoting our NXT LC Girls of all ages on our social media channels. Check out our feeds to see updates at live events, learn more about our culture, and get a behind-the-scenes look at what it means to play for NXT.

## LEAD COACHES

**LIAM AGOURAS** | Marymount Alum • 2x All Conference • Starter • 2x All State

**KARA STROUP CLARK** | Lower Merion Head Coach • Temple Alum • 4yr Starter • 2x Captain

**KAT CONNELLY** | Towson Alum

**TIKI DONNELLY** | Alvernia Alum • 4 yr Starter

**ELIZABETH WEBER GAINER** | Eastern University, Head Coach • Loyola University Starter

**CAROLINE GRASSO** | University of Delaware • 4 yr Starter • WCLA National Champion

**REX HAYES** | US Naval Academy • Former Professional Lacrosse Player • Baltimore Thunder

**LAUREN HUGHES** | Cabrini Alum • Starter

**SARAH HUGHES** | Saint Joe's Alum • Starter

**SHEA MCARDLE** | Robert Morris University Alum • Starter • MAC Defensive Player of the Year

**JALEN MIDDLEBROOKS** | Chestnut Hill College, Head Coach • St. Bonaventure Alum

**KIRSTEN MONTE** | Wagner College Alum • Starter

**JACKIE NEARY** | Cabrini University, Head Coach • Hall of Fame • All American

**JALEN MIDDLEBROOKS** | Chestnut Hill College, Head Coach • St. Bonaventure Alum

**JULES RAUCCI** | Drexel Men's Alum • 3yr Starter

**DAVID SCHLESINGER** | Colgate University • Owen J Roberts HS, Head Coach

**KELSEY THOENSON** | Albright College, Assistant Coach • Slippery Rock Alum • 3yr Starter

**CHUCK WURZBACH** | WissLax Director • Wissahickon HS, Assistant

## ASSISTANTS & SUMMER COACHES

### REPRESENT THE FOLLOWING UNIVERSITIES & COLLEGES

ALBRIGHT • CINCINNATI • DELAWARE • DUQUESNE • FAIRFIELD • LEBANON VALLEY • LOUISVILLE • MERCER • NORTH CAROLINA • OHIO STATE • PENN STATE • SYRACUSE • TEMPLE • UC DAVIS



NXT Lacrosse



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# HIGH SCHOOL

## PHILA STARS TRAINING TEAM - SENIORS & OLDER

### 2021-22 SCHEDULE

**Fall:** 1 practice, 1 NXT event if possible - Fall Classic

**Winter:** Pickup/NLA Indoor

**Summer:** Practicing 2/week

### GEAR PACK

- Nike Practice Pinnie
- Nike shorts
- Nike t-shirt

- Up to 2 coaches
- No team limit
- 11 practices
- 16.5 training hours
- NLA/NGA Winter Training included
- Athletic Trainer at every practice

**TOTAL COST | \$1,350**

*Payment Plan Options: 1*

## NXT 2024 JUNIORS

### 2021-22 SCHEDULE

**Fall:** Practice 2/wk and competition in 4 events in Sept-Oct  
- Primetime, NXT Fall Classic, Lax for the Cure, IWLCA Presidents Cup, & Continental Cup

**Winter:** Pickup/Indoor League

**Summer:** Practice 2/ week and competition in 4 events  
- Continental Cup, Live Love Lax, Top Threat, & Summer Genesis

### GEAR PACK

- Nike uniform
- Nike/STX head & handle
- Nike cleats
- STX goggles
- Nike backpack
- Nike t-shirt
- Nike pant
- Nike shorts
- Nike long sleeve top
- STX Goalie gloves
- STX goalie helmet + throat guard

- Up to 2 coaches
- Up to 22 players
- 27 practices at elite facilities
- 38.5 training hours
- 8+ event days
- Recruiting support
- Access to free game film
- Athletic Trainer at every practice
- Discounts to NLA Winter

**TOTAL COST - BLACK | \$3,700**

**TOTAL COST - VOLT | \$3,700**

*Payment Plan Options: 1 or 2*

## NXT 2025 SOPHOMORES

### 2021-22 SCHEDULE

**Fall:** Practice 2/wk and competition in 4 events in Sept-Oct  
- Primetime, NXT Fall Classic, Lax for the Cure, IWLCA Presidents Cup, & Continental Cup

**Winter:** Pickup & Indoor League

**Summer:** Practice 2/ week and competition in 4-5 events + positional clinics  
- Continental Cup, Live Love Lax, Top Threat, Summer Genesis & Mid-Atlantic

### GEAR PACK

- Nike uniform
- Nike/STX head & handle
- Nike cleats
- STX goggles
- Nike backpack
- Nike t-shirt
- Nike pant
- Nike shorts
- Nike long sleeve top
- STX Goalie gloves
- STX goalie helmet + throat guard

- Up to 2 coaches
- Up to 22 players
- 27 practices at elite facilities
- 40.5 training hours
- 8+ event days
- Recruiting support
- Access to free game film
- Athletic Trainer at every practice
- Discounts to NLA Winter

**TOTAL COST - BLACK | \$3,800**

**TOTAL COST - VOLT | \$3,800**

*Payment Plan Options: 1 or 2*

## NXT 2026 FRESHMAN

### 2021-22 SCHEDULE

**Fall:** Practice 2/wk and competition in 4 events in Sept-Oct  
- NXT Fall Classic, Primetime\* Black, Lax for the Cure, Continental Cup

**Winter:** Pickup & Indoor League

**Summer:** Practice 2/ week and competition in 4-5 events + positional clinics  
- Continental Cup, Live Love Lax, Top Threat, Summer Genesis & Mid-Atlantic

### GEAR PACK

- Nike uniform
- Nike/STX head & handle
- Nike cleats
- STX goggles
- Nike backpack
- Nike t-shirt
- Nike pant
- Nike shorts
- Nike long sleeve top
- STX Goalie gloves
- STX goalie helmet + throat guard

- Up to 2 coaches
- Up to 22 players
- 27 practices at elite facilities
- 40.5 training hours
- 8+ event days
- Recruiting support
- Access to free game film
- Athletic Trainer at every practice
- Discounts to NLA Winter

**TOTAL COST - BLACK | \$3,800**

**TOTAL COST - VOLT | \$3,800**

*Payment Plan Options: 1 or 2*

## GOALIES

### TRAINING

- 10+ hours of goalie specific training (All goalies receive access to 3 Goalie Academy trainings included with cost)
- Discounts to NLA Winter & NXT Goalie Academy
- All NXT LC grad year items with added STX goalie gloves and STX helmet