

SPARK FAQs

How does the Spark program differ from the Black and Volt Experience?

- Significant difference in price from Black and Volt teams MS and HS teams!
- Spark programming has been updated to closely mirror the Volt experience at NXT but still allow dual-sport athletes to have a passion for other activities.
- **Schedule:**
 - FALL- practice 2x per week and compete in 3-4 events
 - WINTER- 10 indoor practices (new in '26)
 - SPRING- practice 1x per week and Friday Night Lights competition 1x (MS ONLY FNL)
 - SUMMER- practice 2x per week (doubled in '26) and compete in 3 events
- **Details:** 12 + event days and 70+ hours of practice (doubled in '26)
- **Goalies:** Pay Deposit only, contact directors!

Team Structure and Goals

The Spark team's goal is to establish a pure grad year structure, forming multiple teams within the High School and Middle School divisions (If necessary, these teams will consist of blended groups with a 1 grad year difference). Team bonding opportunities are encouraged to enhance team chemistry and cohesion throughout the season.

Competitive Participation

During tournaments, grad year pure teams will be in their own brackets, and blended teams will compete in the open bracket or the oldest grad year represented on the team.

Coaching and Development

Coaching will utilize a player development model tailored to meet the team's specific needs.

Access to IWLCA Recruits & Recruiting Meetings

Spark players gain access to IWLCA Recruits after completing their sophomore year. Spark players will also have access to group recruiting meetings and have a Volt/Spark Director.

Winter League Option

A Winter league will be available as an additional option, separate from regular tuition costs.

Opportunities for Advancement

Players may be elevated to Volt teams for practice and or events based on ongoing evaluations and assessments.